Go-Arounds

Much of the shared learning has taken place during the "Go-Arounds" at the beginning of each session. Those conversations are both invaluable and also impossible to replicate. You can create equally powerful conversations with your teams using the recommended "Go-Arounds" included with each unit, or you can create your own Go-Around.

As a reminder, the "Go-Arounds" involve 3 distinct steps:

1. Sharing a prompt, such as "Name one thing you collect";
2. Giving participants 60 seconds to think about and write down their answer, during which time, the group should remain silent; and
3. The Go-Around: inviting each participant, one at a time, to share their answer.

While people should have the option to "pass" if they do not feel comfortable, it is helpful if everyone thinks of at least one thing to contribute.

The "Go-Arounds" have several purposes, including:

1. They build awareness and connection;
2. They ensure everyone is encouraged to speak right away in the meeting;
3. They prompt meaningful conversation on important topics; and
4. They allow for generous and focused listening because participants are not focused on what they are going to say while the others are speaking.